

# 🌿 Our Self-Learning Journal

#### **Solitary Learner**

For the quiet, powerful learner who thrives with freedom, reflection, and curiosity. 💫



This journal empowers independent learners to take ownership of their ideas, track discoveries, and explore passions—on their own terms.

### Weekly Goal-Setting

Start the week with intention and curiosity.

#### **Prompts:**

- What do I want to learn this week?
- ? What questions do I have?
- What materials or tools will I need?

### Daily Reflection

Encourage mindful, consistent review of learning each day.

#### **Prompts:**

- What did I learn today?
- M What was easy or hard?
- • What surprised me?
- Q What do I want to explore more?

### Thought Tracker

Capture connections, insights, and problems worth solving.

#### **Prompts:**

- New ideas I discovered
- S Connections I made between topics
- Problems I solved or want to solve

## Project Prompt

Encourage hands-on exploration inspired by curiosity.

#### Ideas:

- m Build a model or diorama of a favorite place or concept
- Krite a story, essay, or creative reflection on a topic that fascinates you
- Create a step-by-step guide to teach someone what you learned
- Design an experiment to test a question you have



### **Passion Log**

Track excitement, growth, and emerging interests.

#### **Prompts:**

- \* What topics or activities made me feel excited this week?
- What new skills did I practice?
- How can I keep exploring this interest?



### Notes & Doodles

A free space for sketches, mind maps, diagrams, or extra thoughts. Let creativity flow!

This journal is more than pages—it's a tool for independence, reflection, and discovery. It supports your child's unique rhythm and gives them space to take charge of their learning journey. \*

Help us improve our resources — leave feedback!

