



Kinesthetic Curriculum Bundle

Kinesthetic Learner

✨ Built for the doers, makers, movers, and shakers.

Some children learn best not by sitting still, but by touching, tasting, building, and moving. For them, the world itself is a classroom — a recipe becomes math in action, a garden turns into a living lab, a project transforms into discovery.

This curated collection is designed for the restless hands and curious minds of K–12 learners who thrive on activity and engagement. Learning isn't confined to books or screens — it leaps off the page, into the kitchen, the workshop, the backyard, and beyond.



Project-Based Learning & STEM

KiwiCo



Monthly hands-on science & art kits



Explore STEAM concepts through real building, tinkering, and inventing



Ages 0–16+ → Great for science, engineering, and design thinking

Home Science Tools



DIY science experiments, kits, and tools






Turn your kitchen into a lab






Supports inquiry-based learning for multiple ages

[Engineering is Elementary \(EiE\)](#)




-  STEM curriculum rooted in real-world challenges
 -  Integrates science, engineering, and literacy
 -  Grades PreK–8
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Real-Life Learning through Life Skills

[Raddish Kids](#)




-  Monthly cooking club for kids — teaches math, science, culture, and confidence through cooking
-  Includes kitchen safety and recipe cards
-  Perfect for homeschool families combining life skills and academics

[Farm Anatomy by Julia Rothman](#)




-  Illustrated guide to farming, building, and growing
 -  Includes hands-on rural-life projects
 -  Combines art and science for upper elementary to high schoolers
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Movement-Friendly Core Curriculum




[Moving Beyond the Page](#)

-  Literature-based, project-driven curriculum
-  Cross-subject integration (language arts, science, social studies)
-  Hands-on activities in every unit • Ages 4–14

[Math-U-See](#)

-  Math curriculum using manipulatives and real-life application
-  Geometry blocks, fraction overlays, and video instruction
-  Ideal for tactile and visual learners



[Handwriting Without Tears](#)

-  Developmentally appropriate writing program
 -  Involves play-based tools like wood pieces, music, and hands-on materials
 -  Pre-K to Grade 5
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Interactive + Active Tech Tools

[GoNoodle](#)




-  Movement breaks and brain boosts

-  Free online platform for fun videos that get kids moving
-  Great between lessons to reset and refocus

[Adventure Academy](#)

-  Immersive online learning world
-  Combines gaming with core academic content
-  Perfect for kids who learn while moving through virtual quests

[Family Time Fitness](#)

-  Full homeschool physical education curriculum
-  Easy-to-follow lessons for indoors or outdoors
-  Builds strength, coordination, and healthy routines → Great daily movement integration

Ready to build a movement-rich homeschool? Let your curriculum move at the same pace your child does.

Help us improve our resources — [leave feedback!](#)

